The SESAMME app allows discussion and analysis of coast management problems



WHAT KIND OF TOOL IS IT?

SESAMME is an application (app) for Apple iPhones, iPads, Android phones and tablets, Windows PCs and Apple Mac computers. SESAMME stands for Socio-Ecological App for Mental Model Elicitation.

WHAT ARE THE DIFFERENT PARTS TO IT?

SESAMME consists of an app and a set of scripts which outline the process to follow in focus group discussions.

WHAT DOES IT DO?

SESAMME captures information, including past and future trends, and the current state of system components (such as resources, activities, pressures and decisions) from local communities and helps them to visualise how these components interact.

HOW DOES IT WORK?

SESAMME is used within focus group discussions according to a script that outlines the discussion procedure.

WHEN IS IT USED?

SESAMME is used to assist group discussions about coastal zone management problems (such as fish catch decline) and to visually represent how resources, activities and pressures interact to create the problems identified.



IN WHAT FORMAT IS IT AVAILABLE?

SESAMME is available as an app for Apple iPhones and iPads. From December 2018, it will also be available as an app for Android phones and tablets, as well as Windows PCs and Apple Mac computers.

WHO IS THE TARGET END-USER?

- Government departments and NGOs involved in community engagement
- Educational institutions teaching courses in systems thinking

WHAT USER SKILLS ARE REQUIRED?

No specific user skills are required. Good facilitator skills are useful.

WHERE DO YOU ACCESS THE TOOL?

For Apple iPhones and iPads, download *SESAMME* from the Apple App store. From December 2018, for Android phones and tablets, download *SESAMME* from the Google Play store; and for Windows PCs and Apple Mac computers, download *SESAMME* from the CCRES website **www.ccres.net**. Scripts for guiding focus group discussions can be downloaded from the CCRES website.

WHAT IS THE COST OF USING THE TOOL?

SESAMME is available free of charge, under the user agreement and stated terms and conditions (see **www.ccres.net**/ **terms**).

IS TECHNICAL TRAINING OR SUPPORT REQUIRED?

No. The app contains a 'help' function for users.

