# **Estuaries of the World**

Series editor

Jean-Paul Ducrotoy



Mudflats in the Banc d'Arguin National Park, functional delta derived from a fossil estuary, Mauritania—Credit: JF Hellio et N Van Ingen/FIBA Special thanks to Mathieu Ducrocq, regional coordinator PACO/Programme Marin et Côtier (MACO)/Union Internationale pour la Conservation de la Nature (UICN)—Dakar—Sénégal, for providing this picture

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# The Land/Ocean Interactions in the Coastal Zone of West and Central Africa







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ISSN 2214-1553 ISSN 2214-1561 (electroninc) ISBN 978-3-319-06387-4 ISBN 978-3-319-06388-1 (eBook) DOI 10.1007/978-3-319-06388-1

Springer Cham Heidelberg New York Dordrecht London

Library of Congress Control Number: 2014940389

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Printed on acid-free paper

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#### Mandela

This book is dedicated to Nelson Rolihlahla Mandela "Madiba" (1918–2013), The First post-apartheid President of South Africa. As Calestous Juma, Professor at Harvard University; USA, used to say: "Mandela will be remembered as one of the greatest leaders of all time. One of the best ways to live up to his loftiest aspirations for Africa are to give future generations science and technology education that gives them the skills to expand their economic opportunity"

Mandela's direct involvement in science may be seen as linked to his firm belief about the power of education in building democracy and development. He said, "Education is the most powerful weapon which you can use to change the world". Motivated by this concern, Mandela lent his name to the creation of a new generation of African Institutes of Science and Technology, seen as the beginning of a new generation of African research universities. Two have already been established, in Tanzania and Nigeria

To quote Dr. Ismail Serageldin, Director of the Bibliotheca Alexandrina in Egypt "Nelson Mandela was undoubtedly one of those immortal leaders. He now belongs to history, but we are fortunate to have lived in his time and to have been witness to his magic allure, his saintly demeanor, his twinkling mischievous eyes, his humor and his wisdom. We have witnessed his mind and his heart at work, and admired his unique combination of political genius and human warmth, his vision of the Rainbow Nation and how to make it a reality"

May Madiba rest in Peace, and may his legacy live forever

## **Foreword**

The coastline of western and central Africa is made up of diverse marine and coastal ecosystems, such as estuaries, mangrove swamps and forests and offshore cold water springs. Although the focus of this publication is on the estuaries, as part of the "Estuaries of the World" series, its scope goes well beyond this particular coastal feature. Indeed, the estuary can only be considered as part of the life cycle of the entire river and the marine area it feeds into: an area particularly subject to human and natural pressures. Land degradation upstream, sea level rise downstream, salinization and drought, overexploitation of fisheries and mangroves, are all issues whose impact is felt at the river's mouth.

The vital role these estuaries play in the ecosystem of the region has been recognised in the creation of a number of protected areas, natural parks and reserves. Specific habitats such as mangroves, sea grass beds and sand banks provide refuge to many endangered species, and cover the flight path of most of the migratory birds of West and Central Africa.

The main estuaries and deltas of this region provide a variety of goods and services to its coastal population. The most important of them are related to critical fish habitat, wood and charcoal from mangroves, as well as space for agriculture, aquaculture, urban development, tourism and transport.

Mangroves, in particular, play a significant role in terms of flood control, ground-water replenishment, coastline stabilisation and protection against storms. They also retain sediments and nutrients, purify water and provide critical carbon storage. Such hydrological and ecological functions explain the focus on serving mangrove ecosystems and the nearby communities, which draw significant income from fishing, rice production, tourism, salt extraction and other activities such as harvesting honey and medicinal plants.

However, in recent decades, population growth, environmental degradation and climate change have led to an erosion of the biodiversity in these ecosystems. Resources, as a result, are becoming scarce, and the pressure upon local communities is increasing.

There is a need to focus and to prioritise research and data to help manage and protect sustainable estuaries in the region, for the benefit of future generations. A number of international and regional programmes have been undertaken to address the critical issues and to find appropriate solutions. Among the principal programmes involved are the UNEP Regional Seas and the Intergovernmental Oceanographic Commissions, and other IGO and NGO programmes.

There is still much to be done to achieve the goal of restoring and protecting the resource-rich estuarine and other coastal water ecosystems in West and Central Africa. This new publication constitutes a first step towards that goal, bringing together new and updated information, including maps, models, new data and knowledge on recent changes and evolution, and their implications in the management of coastal waters in the region.

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The close cooperation between Prof. Salif Diop, Prof. Jean-Paul Barusseau, Prof. Cyr Descamps and Prof. Jean-Paul Ducrotoy has been the driving force behind this publication. The Editors of this book would like to thank all the authors who contributed their time, resources and expertise.

It is my firm belief that this book will provide important and up-to-date information essential for the public at large but more specifically for scientists, researchers, managers, decision makers all working together in order to safeguard, protect and sustainably manage estuaries, deltas and lagoons, and the coastal and ocean waters of Western and Central Africa.

Achim Steiner

# **Preface**

#### Why are West African estuaries so important in land/sea interactions?

One of the major challenges that humans face today is the management of estuaries so that future generations can also enjoy the remarkable visual, cultural and food products that they provide. The book series "Estuaries of the World" (EOTW) by Springer uses a multidisciplinary approach in presenting the science of estuaries. Such an approach presupposes that all users of the environment can share views and are able to communicate effectively on the basis of robust science.

Estuaries are vulnerable because they are exposed to multiple human activities such as fish and shrimp farming, industrial and domestic pollution, dredging, land reclamation and agriculture in the watershed. The threat to coastal ecosystems posed by human activities is well recognised and documented, yet the mitigation of human impact remains a major challenge due to a lack of understanding of the scale and rate of observed changes. Mangroves, for instance, are subject to clear-cutting and overlogging and such disturbances increase the variability of natural systems. The variability of natural systems is difficult to include in any political agenda due to the certainty of information required for decision making. It is possible, however, to better understand how humans change the way in which ecosystems function using a combination of different approaches aimed at combining functional ecology studies and a pressure/risk assessment approach (both on ecological and socio-economic aspects). In this way, it is possible to integrate the novel and interdisciplinary scientific evidence of multiple research disciplines. Such a dynamic interplay between theory and empirical study forms the basis for the transdisciplinary approach of the EOTW series.

With this perspective in mind, it is important to assess the capacity of ecosystems in fulfilling their role within the biosphere. Integration can be seen as one of the tools or methodologies for realising this goal by encompassing all aspects of an issue through a collaborative approach between natural sciences and economic, socio-cultural, legal and institutional disciplines. Integrated Coastal Zone Management (ICZM) is still a relatively new and evolving concept and there is no consensus regarding issues such as the fundamental nature and structure of the coastal zone, the most appropriate timescales for the application of ICZM policies, or the key criteria for defining sustainability in coastal zone development. Integration needs to be established between disciplines, sectors and in governance across the land—water interface. Through improving the scientific understanding of the performance of coastal ecosystems in terms of fluxes of energy and matter in relation to human impacts, ICZM should be able to predict the effects of measures taken and find responses to the fast evolving demands from society. The EOTW series offers a framework for facilitating such integration.

The notion of ecosystem services is useful in that it provides insight into the resilience of ecosystems and how changes affect them. The reduction in marine biodiversity and productivity is multifactorial, especially in coastal waters. Direct habitat destruction through the erection of engineering and drainage works, which disturb the physical integrity of coastal and marine systems is the most drastic, as the habitat itself is changed

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to a point where the ecosystem loses its identity and assumes a different function. Poor fisheries management, including the uncontrolled exploitation of corals and molluscs and the by-catch of large numbers of non-target species in fisheries, is another pertinent example of detrimental marine resource exploitation. An integrated approach to coastal zone management of fisheries is predicted to prevent impoverished functioning of such ecosystems. The consequence of unchecked exploitation is that the productivity of fisheries and important ecosystems, such as mangroves and coral reefs, reduces which in turn causes suffering for the affected local communities.

In general, estuaries and salt marshes, mangrove forests and sea grass beds near cities and towns are severely degraded worldwide with many species now threatened to become extinct in the near future. Found in tropical and subtropical regions, mangroves are especially vulnerable. These salt-tolerant forested wetlands at the sea-land interface form the link between the terrestrial landscapes and the marine environment. Rapid changes in anthropogenic activities in coastal zones impact on the structure of organism populations, which will in turn affect the geochemical cycles of the ecosystem, to a point where such cycles might become dysfunctional. Changes in costal ecosystems can lead to an imbalance in fluxes of energy and minerals at the interface between land and sea. These localised changes have the propensity to reach a global level. The dynamics of such systems are complex and conservation should address all aspects of this complexity and not solely focus on fixing the coastline to its physical limits, or preventing erosion and sea level rise. Because costal systems are alive, they are able to cope with a multitude of changes. The critical determinant of an ecosystem's capacity to cope with change, however, is the rate of change, and it is the rapidity of change inflicted by humans to natural systems, which makes the anthropocene unique.

This volume in the EOTW series offers case studies in West and Central Africa and demonstrates that mangrove ecosystems are extremely valuable in mitigating effects from deleterious human activities, providing ecosystem services like carbon sequestration, protection from storms, floods and erosion, processing of waste and nutrient pollution, aquaculture and agriculture support and a refuge for aquatic and terrestrial species.

In order to discriminate between global and local influences, it is essential to acquire an in-depth knowledge of natural processes, as well as understand relevant institutional, cultural, economic, social and political frameworks based on a robust scientific approach. Suitable studies have been developed and used to analyse causal linkages within West African coastal ecosystems, forecasting the effects of acute or chronic interference on resource use, and to address wider, management-related issues such as the restoration of damaged habitats and the potential for aquaculture. The context of natural resource management in West Africa is complex. If the elements of ecosystems are interconnected and interdependent, those of regional environmental systems are even more so. Thus, the work as presented in this volume of the EOTW series contributes to improve the understanding of the dynamics and functioning of coastal ecosystems and habitats, including mangrove forests that constitute the most apparent features along western and central African coasts. Considering the highly threatened nature of marine and coastal ecosystems in this part of Africa and bearing in mind that the major drivers of change, degradation and loss of marine and coastal ecosystems and services are mainly anthropogenic, the question will be what types of options exist to respond to such challenges? By all means, addressing uncertainties and elaborating trade-offs could provide useful mechanisms for operational responses and this should be undertaken through established ecosystem-based approaches and improving the capacity of scientists to predict the consequences of the change of drivers in marine and coastal ecosystems. In this regard, long-term ecological processes and further research are needed in a number of areas in order to improve sustainable management policies of coastal and marine ecosystems of West and Central Africa.

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The complex problems caused by human-environment interactions occur within the intricate structure of ecosystems, which are in a natural state of constant flux and change. This book explores the complex problems caused by human-environment interactions within the naturally and artificially fluctuating and changing coastal ecosystems of West and Central Africa. The authors have shared their knowledge and experience on ecological, social and cultural aspects simultaneously. This interdisciplinary approach makes the discovery of this fascinating region even more enriching.

Dakar, Senegal Hull, UK Salif Diop Jean-Paul Ducrotoy

# **Acknowledgments**

The authors would like to thank those experts involved in numerous marine and coastal programmes from various parts of the world and who have peer reviewed this overall publication, namely: François Blasco, Joan Fabres, Hartwig Kremer, Jacqueline Alder, Koranteng Kwame, Lorna Inniss, Marc Steyaert, Alan Simcock, Eric Wolanski, Beatrice Padovani Ferreira, Rice Jake, Johnson U. Kitheka, Enrique marschoff, Peyman Eghtesadi Araghi, Luiz Drude de Lacerda, Kalifa Goïta and Peter Scheren.

A special note of thanks should be dedicated to M. Ibrahim Thiaw, Deputy-Executive Director of the United Nations Environment Programme for his constant support during the preparation of this book, to Peter Saunders from UK who has proceeded for the English pre-editing of all articles prior to sending them to peer reviewers and to Walter Rast, Professor Emeritus and Director, Texas State University, USA for his extensive peer review of important chapters of the book. I would like to thank as well M. Taibou Ba, from the "Centre de Suivi Ecologique—Dakar—Senegal", for redesigning some of the maps contained in this publication, Joana Akrofi and Matthew Billot, from Scientific Assessment Branch, Saly Sambou and Birane Cisse, students at Doctoral Level in University Cheikh Anta Diop/CAD of Dakar—Senegal and Awa Niang, Senior Lecturer at the same University CAD/Dakar. Finally, the authors would also like to thank UNEP and especially colleagues from the Division of Early Warning Assessment (DEWA) and the Division of Environmental Policy and Implementation (DEPI) for their contribution during the preparation process of this volume dedicated to the African continent.

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